



Labour Day – Sep 7th, 2026

Gordon Head Recreation Centre - Swim Schedule

☎ 250-475-7100

Monday

Sep 7th 2026

Lengths & Leisure Swim

8:00-10:00am (S)

Fun Swim

10:00am-12:00am (S)

Lengths & Leisure Swim

12:00 – 1:00pm

Fun Swim

1:00-3:00pm (S)

Gordon Head Recreation Centre – Drop-In Program Schedule

☎ 250-475-7100

Monday

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NO CLASS SCHEDULED

Notes & Additional Information

(S) Indicates shared pool **Music Free Swim Times:** 12:00-1:00pm Daily
Children 7yrs and younger **MUST** be accompanied in the water by an adult (16yrs+),
within arm's reach of an adult at all times!

SWIM DESCRIPTIONS

Lengths & Leisure Swim - Enjoy length swimming in the lap pool, playing in the leisure or tot pools, or relaxing in the hot tub, sauna, and steam room. **(S)** indicates shared space with programs or rental groups. **Music Free Swim Times:** 12:00-1:00pm

***An Adult (16 yrs+) must accompany children under the age of 13yrs for the duration of the swim.**

Fun Swim - Fun for all ages, bring your friends and family for a high energy swim time in the pool. The rock wall, slide & monkey bars can be opened periodically along with the water features at the discretion of the staff. **Length swimming is not typically available during this time.** **(S)** indicates shared space with programs or rental groups.

***For All Swims and All the Pools – Children 7 years and under must be within arms-reach of an adult (16+yrs) in the water at all times.**